

Basketball: Hoops 101 and 102



Hoops 101

Join certified trained basketball official, head coach and basketball whiz Shawn Banks in this one of a kind basketball class. This skills training program focuses on developing the fundamentals of basketball like correct shooting technique, defensive position/footwork, ball handling, and the use of each type of basketball pass. This program is designed to help your young player gain greater confidence and basketball IQ.

Age: 7-9 years
Barcodes/Dates: #141417 Mar 2-23
#141418 Apr 6-27
#141419 May 4-25

Day/Time: Saturdays, 10-11:00am
Cost: \$35 (non-city residents add \$12)



Hoops 102

Join certified trained basketball official, head coach and basketball whiz Shawn Banks in this one of a kind basketball class. This advanced skill training program enhances basketball fundamentals while teaching the rules of the game, developing offensive/defensive one-on-one skills, and using teamwork during game competition. This program will also further develop shooting technique, defensive skills, ball handling, and passing. Sign up today to improve your basketball IQ and confidence in the game!

Age: 10- 11 years
Barcodes/Dates: #141420 Mar 2-23
#141421 Apr 6-27
#141422 May 4-25

Day/Time: Saturdays, 11:00am-12:00pm
Cost: \$35 (non-city residents add \$12)

Location: Millbrook Exchange Community Center
1905 Spring Forest Rd
Raleigh, NC 27615

Please register via **Reclink** at www.raleighnc.gov, keyword search "Reclink", or by visiting your local Raleigh Parks and Recreation community center.

